



For Immediate Release

Date: September 2011

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Day Haven to Host Special Events for National Family Caregivers Month

(Ronkonkoma...) Day Haven Adult Day Services will honor family caregivers during National Family Caregivers Month in November 2011. This annual event is organized by the National Family Caregivers Association as a time to thank, support, educate and empower family caregivers.

During the month of November, Day Haven will host the following events:

- Thursday, November 10, 2011: “Strategies in Caring, a Presentation for Family Caregivers” presented by Melanie Bunn, GNP, MS, RN. Ms. Bunn is a nationally acclaimed speaker on dementia and Alzheimer’s care. This informative and lively presentation will provide techniques and strategies for interacting with and caring for individuals with Alzheimer’s or a related dementia. On-site care provided. **Free.** 6:30 p.m. – 8:30 p.m. at Day Haven, 2210 Smithtown Avenue, Ronkonkoma, NY
- Caregiver Support Groups:
 - November 2, 2011, 6:30 p.m., at Jefferson’s Ferry Lifecare Community, South Setauket
 - November 8, 2011, 6:00 p.m., at Day Haven, 2210 Smithtown Avenue, Ronkonkoma, NY
 - November 18, 2011, 10:00 a.m., at Day Haven, 2210 Smithtown Avenue, Ronkonkoma

Support Groups are designed to offer emotional support and practical advice to caregivers of a frail older adult or loved one with Alzheimer’s or a related dementia. Free on-site care is available during the meeting times.

Registration is required for all of the events by calling Julie Wexler at (631) 585-2020, ext. 260.

President Barack Obama has said about National Family Caregiver’s Month, “Every day, family caregivers assist loved ones with tasks ranging from personal care and homemaking, to transportation and financial assistance. As the foundation of America’s long-term care system, these individuals give millions of Americans the peace of mind and security that only family can provide.”

About Day Haven

Day Haven Adult Day Services is a social model adult day services program, with centers in Port Jefferson and Ronkonkoma, providing therapeutic recreational activities, professional supervision and opportunities for socialization for frail older adults and individuals with Alzheimer’s or a related dementia

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2210 Smithtown Avenue, Ronkonkoma, NY 11779
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www.dayhaven.org
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Dementia Care Presentations in Suffolk County Set for November 2011

(Ronkonkoma...) Day Haven Adult Day Services will host nationally acclaimed speaker and expert on dementia care, Ms. Melanie Bunn, GNP, MS, RN, for presentations in Suffolk County, NY, for professionals working in the field of aging and family members caring for a loved one with Alzheimer's or a related dementia. The events will take place as follows:

- Thursday, November 10, 2011: "Strategies in Caring, a Presentation for Family Caregivers." This informative and lively presentation will provide techniques and strategies for interacting with and caring for individuals with Alzheimer's or a related dementia. **Family members** caring for a loved one with dementia will benefit from attending. On-site care provided. **Free.** 6:30 p.m. – 8:30 p.m. at Day Haven, 2210 Smithtown Avenue, Ronkonkoma, NY.
- Friday, November 11, 2011: "Strategies in Caring: Improving Dementia Care Through Communication and Awareness." This informative and lively presentation for **professionals, volunteers and students in the field of aging** will provide techniques and strategies to improve care and quality of life for individuals with Alzheimer's or a related dementia. Registration fee and preregistration required. The event is to be held 8:00 a.m. – 4:00 p.m. at St. Elizabeth Ann Seton Parish, 800 Portion Road, Lake Ronkonkoma, NY.

Co-sponsors for these events include **The Alzheimer's Foundation of America**, a national organization whose mission is to improve quality of care for individuals with Alzheimer's disease and related dementias and their family caregivers, and **The Alzheimer's Care Specialists**, a home care agency in Northport, NY, dedicated to providing high-quality home care services and enriching the lives and individuals residing in the community.

Elizabeth A. Geary, Director of Day Haven, explains, "training is the key to improving care. We know we can enhance quality of life for both the caregiver and the individual when we give the caregiver the knowledge and tools to better communicate, interact and provide care."

Pre-registration is required. A registration fee is required for the event on November 11, 2011. Call Julie Wexler at (631) 585-2020, ext. 260 for details or questions about these events.

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