



For Immediate Release
Date: October 1, 2009
Contact: Julie Wexler
Phone: (631) 585-2020
Email: dayhavenlongisland@yahoo.com

Day Haven offers Free Support to Family Caregivers

(Ronkonkoma, NY)... Day Haven Adult Day Services, providers of day time care and therapeutic activities for frail older adults and individuals with Alzheimer's disease or a related dementia, offers **free** monthly caregiver support groups for family caregivers. Support groups at Day Haven provide emotional support and practical advice when caring for a frail older adult or someone with memory loss. The groups meet at the following times:

First Wednesday of each month, 6:30 p.m.– 8:00 p.m., 1 Jefferson's Ferry Drive, South Setauket, NY.
Upcoming meeting dates: October 7, 2009, November 4, December 2, 2009, and January 6, 2010.

Second Tuesday of each month, 6:00 p.m. to 7:30 p.m., 2210 Smithtown Avenue, Ronkonkoma
Upcoming meeting dates: October 13, November 10, December 8, 2009 and January 12, 2010.

Third Wednesday of each month, 1:00 p.m. – 3:00 p.m., 185 South Country Road, Bellport, NY.
Upcoming meeting dates: October 21, 2009, November 18, December 16, 2009, and January 20, 2009.

Last Friday of each month, 10:00 a.m. to 11:30 a.m., 2210 Smithtown Avenue, Ronkonkoma
Upcoming meeting dates: October 30, November 20, December 18, 2009, and January 29, 2010.

On-site, professional care for frail older adults and those with Alzheimer's is available during the meetings free of charge. Please call ahead to confirm the dates and to make a reservation if you need care for your loved one. For more information, please call Julie Wexler at Day Haven Adult Day Services, (631) 585-2020, ext. 260.

Caregiver Support Groups at Day Haven Adult Day Services are supported in part by an Alzheimer's Disease Community Service Program grant from the New York State Department of Health.

About Day Haven

Day Haven Adult Day Services is a social model adult day care program with centers in Port Jefferson and Ronkonkoma, NY, offering day time care and therapeutic recreation for frail older adults and those with Alzheimer's or a related dementia. Caregiver Support Groups, free on-site care, and one-to-one support are funded in part by the New York State Department of Health Alzheimer's Disease Community Service Program Grant.

Day Haven Adult Day Services
2210 Smithtown Avenue, Ronkonkoma, NY 11779
(P) 631-585-2020 (F) 631-585-8681 www.dayhaven.org