


January 2019 Day Haven Adult Day Services

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><i>Day Haven's Talented Staff</i> Felisha Mention-Program Leader Clara Ruiz-Program Assistant Haydee Diaz Program Assistant Lucia Marcotrigiano-Program Assistant Lizzie Phillips-Program Assistant Veronica Wilson-Program Assistant Joel Kleinschmidt-Van Driver</p>	<p>1</p> <p>HAPPY NEW YEAR</p> <p>Day Haven Closed</p>	<p>2</p> <p>10:00 World News 10:30 Strength Training 11:00 Intergenerational 11:30 Mini Golf 12:00 Brain Games 1:30 Take Me Out To The Ball Game Stretch 2:00 Soccer Match 2:30 Basketball Shoot 3:00 Famous Faces 3:30 Group Puzzles</p>	<p>3</p> <p>10:00 Long Island Happenings 10:30 Stomach Toning 11:00 Intergenerational 11:30 Frisbee Target Toss 12:00 Finish The Line 1:30 Badminton 2:00 Philosophy—Love 2:30 Cards And Manicures 3:00 Draw A Tree 3:30 Dominos With Friends</p>	<p>4</p> <p>10:00 In The News 10:30 Body Circles 11:00 Community Meeting 11:30 Volleyball 1:30 Nature Trivia 2:00 Soccer Match 2:30 Draw A Face 3:00 Love Letters 3:30 Family Memories</p>
<p>7</p> <p>10:00 Weekend Review 10:30 Weight Lifting 11:00 Intergenerational 11:30 Volleyball 1:30 Yoga Workout 2:00 Soccer Match 2:30 Philosophy-Hope 3:00 Water Color Art 3:30 What Am I?</p>	<p>8</p> <p>10:00 World Report 10:30 Weight Toning 11:00 Intergenerational 11:30 Bottles and Hoops 12:00 Finishing the Lyrics 1:30 Basketball Shoot 2:00 Cards And Manicures 2:30 Bead Work 3:00 Bingo 3:30 What Would You Do If?</p>	<p>9</p> <p>10:00 Hot Off The Press 10:30 Scarf Dancing 11:00 Intergenerational 11:30 Horse Shoes 12:00 You Be The Judge 1:30 Hand Strengthening 2:00 Volleyball 2:30 Clay Work 3:00 Comedian Jack Benny 3:30 Comfort Food</p>	<p>10</p> <p>10:00 Today's Top Stories 10:30 Rippling Ribbon Moves 11:00 Intergenerational 11:30 U.C.P. Dance Party 1:30 Jarts 2:00 New Years Art 2:30 Art Show 3:00 Knock Knock Jokes 3:30 Music Memories</p>	<p>11</p> <p>10:00 Meet The Press 10:30 Silver Sneakers 11:00 Community Meeting 11:30 Volleyball 1:30 Meditation Moves 2:00 Sketch A Cat 2:30 Art Review 3:00 Memories of New Years 3:30 Meditation Time</p>
<p>14</p> <p>10:00 Top Articles 10:30 Making Muscles 11:00 Intergenerational 11:30 Bocce 12:00 Railroad Memories 1:30 Larry The Guitar Guy 2:30 Table Games 3:00 Horse Racing 3:30 Read A good Book</p>	<p>15</p> <p>10:00 News Around The Lake 10:30 Hand Strengthening 11:00 Intergenerational 11:30 Volleyball 1:30 Stretch Band Workout 2:00 Soccer Match 2:30 Love Letters 3:00 Tree Trivia 3:30 Newspaper Review</p>	<p>16</p> <p>10:00 Front Page News 10:30 Shoulder rolling 11:00 Intergenerational 11:30 Paint A Sunset 12:00 Art Expo 1:30 Dominos 2:00 Cards And Manicures 2:30 Bingo 3:30 Favorite Recipes</p>	<p>17</p> <p>10:00 Extra Extra! 10:30 Yoga 11:00 Intergenerational 11:30 Shuffleboard 12:00 Philosophy-Anger 1:30 Giant Puzzles 2:00 Volleyball 2:30 Basketball Shoot 3:00 Ocean Art With Paulette 3:30 Scattergories</p>	<p>18</p> <p>10:00 Interesting Stories 10:30 Jazzercise 11:00 Community Meeting 11:30 Soccer Match 12:00 Travel 1:30 Strong Leg Workout 2:00 Time Slips 2:30 Chat Box 3:00 Party Staples 3:30 Our Universe</p>
<p>Martin Luther King Day</p> <p>Day Haven Closed</p> 	<p>22</p> <p>10:00 Top Articles 10:30 Moving to Motown 11:00 Intergenerational 11:30 Volleyball 1:30 Tai Chi 2:00 Soccer Match 2:30 Basketball Shoot 3:00 Philosophy-Jealousy 3:30 Creatures From The Sea</p>	<p>23</p> <p>10:00 Happy News 10:30 Bluegrass Stomp 11:00 Intergenerational 11:30 Soccer Match 12:00 Famous Faces 1:30 Arm Exercise 2:00 Cards And Manicures 2:30 Bingo 3:30 People Places and Things</p>	<p>24</p> <p>10:00 Ronkonkoma Events 10:30 Swinging to the Oldies 11:00 Intergenerational 11:30 Basketball Shoot 12:00 Brain Teasers 1:30 Fluent Movements 2:00 Volleyball 2:30 Love Letters 3:00 Reminisce Cards 3:30 Mock Vacation Egypt</p>	<p>25</p> <p>10:00 Senior Happenings 10:30 Back Strengthening 11:00 Community Meeting 11:30 Bocce 12:00 Philosophy-Loneliness 1:30 Chair Exercise 2:00 Soccer Match 2:30 Create A City Scape 3:00 Learn Italian 3:30 Joke Time</p>
<p>28</p> <p>10:00 The Editorials 10:30 Reach For Your Toes 11:00 Intergenerational 11:30 Basketball Shoot 12:00 Trivia Nature 1:30 Reach For The Stars 2:00 Volleyball 2:30 Cards And Manicures 3:00 January Art Creations 3:30 Famous Dances</p>	<p>29</p> <p>10:00 Flash News Stories 10:30 Gut Tightening 11:00 Intergenerational 11:30 Soccer Match 12:00 Long Island Facts 1:30 Twist And Shout 2:00 Bingo 3:00 Explore Transportation 3:30 Popular Vacation Spots</p>	<p>30</p> <p>10:00 Breaking News 10:30 Thigh Firmer 11:00 Intergenerational 11:30 Volleyball 1:30 Should Roll Exercise 2:00 Philosophy-Trust 2:30 Happiest Memories 3:00 My Happiest Memory 3:30 Travel Time Washington DC</p>	<p>31</p> <p>10:00 Weather Report 10:30 Strong Body Strong Mind 11:00 Intergenerational 11:30 Bingo 1:30 Shake It Out! 2:00 Soccer Match 2:30 Basketball Shoot 3:00 Famous Faces 3:30 All In The Family</p>	<p>All Programs are Subject to change with out notice. For Question regarding programs. See Paulette Figaro-Program Leader or Elizabeth LeDonne 631-585-2020 ext. 208</p>